



Temple Sinai School – Jewish Learning Program

Grade 5 and 6

Rosh Hoshana and Responsibility

The Jewish value of responsibility is one that has helped maintain and support Jews as individuals and as community through centuries. On a personal level, we have individual responsibilities to ourselves and the others that we love. As Jews, we have collective responsibilities to embrace and uphold our traditions and laws, to contribute positively to the world around us through mitzvot and to help those who are vulnerable and repair the world.

Individual Responsibility

On an individual level - as you embark on a new year and are one year older are there new responsibilities that you will take on, for yourself and for your family?

Make a list of up to five new responsibilities that you will take on:

Collective Responsibility

During COVID, as we were in isolation, it was challenging to help others in need in our community. But as we emerge from the pandemic, we see that there are many people in the community that are vulnerable and in need and some that have been impacted deeply by COVID.

It is a great opportunity during the high holy days and Yom Kippur to do a mitzvah and give tzedakah. Here is a list of ideas of ways that you and your family can give back and do a mitzvah (good deed).

It is not your duty to finish the work, but neither are you at liberty to neglect it. – Rabbi Tarfon

Youth in Crisis

During the Pandemic, youth in crisis and those experiencing homelessness had less supports to turn to for housing, needs services, supplies and programming.

- Make a monetary donation, or donate from the list of needed supplies to Eva's Place to help secure the resources needed for youth in crisis
 - <https://www.evas.ca/get-involved/ways-to-donate/donated-items/>

Ve'Ahavta – Jewish Humanitarian Response to Poverty



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Temple Sinai is part of Ve’Ahavta’s community partnership program. Ve’Ahavta’s Mobile Response to Homelessness, a van goes out everyday to deliver food and supplies to those who are experiencing homelessness in Toronto. Ve’Ahavta is in the need of monetary donations. There are also opportunities for families to sign up and bake using recipes from Ve’Ahavata’s cookbook or make sandwiches in your home and drop these off to be distributed on the van.

- Make a monetary donation here
 - <https://veahavta.org/covid-19-crisis-fund/?caid=7013Z000002sRqVQAU>
- Sign up for the in -home Bake and Drop or sandwich making
 - <https://veahavta.org/kids-volunteer-opportunities/>

Rosh Hashana – A Time for Acts of Loving Kindness

Rosh Hashana will look differently this year as we will be limited in the way that we are able to gather as families and as a Temple Sinai community.

Acts of loving kindness or gemilut hasadim are ways that we can show that we care about others during the COVID and the high holidays. What are some ways that you can show loving kindness to those in your family?

Rosh Hashanah Cards - One way that we can express loving kindness to those that we are not able to see in person is by creating and sending a high holiday card. In this package, two cards have been provided for you to design and personalize.

What are other ways you can express loving kindness to those in your family during the high holidays?

Yom Kippur – A Time for Growth

Yom Kippur is a day of prayer and introspection, where we look inward and take stock of the past year. a time to take stock, to make amends with others and to make positive changes in our lives.

Growth is an important Jewish value that enables us to reflect on who we are, what we want to accomplish and who we want to become.

Mirror, Mirror - Reflection Activity



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- Mirror tile (provided), sharpies or permanent markers.
- This activity will allow you to reflect on the past year and look ahead to a new year and focus on how you would like to grow as a person. Look at your reflection in the mirror and answer the follow questions. You can write your answers around the edges of the mirror in marker, using each of the four sides, you can draw a symbol or image to represent your answers.
 - **If I could change one thing that I did this past year, what would it?**
 - **What is one way that I want to learn and grow as a person this year?**
 - **What behaviour do I want to correct or improve?**
 - **How will I be a better friend this year?**

Put this mirror in a special place in your room where you will see it throughout the year as a reminder of what you hope to achieve or improve this year.